

Author Biography for **HAL RUNKEL**



Hal Runkel



Hal Runkel is a world-renowned expert on helping families face conflict and create great relationships. A licensed therapist, relationship coach, international speaker, and organizational consultant, Hal is the bestselling author of *ScreamFree Parenting*, *ScreamFree Marriage* and *The Self-Centered Marriage*.

Hal is Founder and President of The ScreamFree Institute, an international training organization dedicated to calming the world, one relationship at a time. Here he has applied the most advanced approaches to family relationship theory in his practice, and developed the revolutionary ScreamFree Living methodology. Hal now presents the ScreamFree relationship programs to audiences around the world through live training events, teleconferences, webinars, and publications. In addition, he actively trains and supervises hundreds of other family professionals working to further the ScreamFree movement.

Hal and his message have been featured on over a thousand media outlets, including NBC's Today Show, Redbook, Good Housekeeping, and The 700 Club, and with his wife, Jenny, hosted "ScreamFree Radio" on Atlanta's 750 WSB-radio.

He and Jenny have been married for over 17 years, and they are raising their two teenagers in the Atlanta area.