



LOVE LETTERS



To My Baby

REVISED AND UPDATED EDITION

A Guided Journal for Expectant and New Mothers

VICKEY BANKS



Dear Mom,



CONGRATULATIONS! An awesome miracle has taken place inside your body. I've read books on it and experienced it twice, yet I am still totally confounded by how God makes babies. A heart that pumps blood, eyelids that open and close, fingers and toes that wiggle and delight—how can these masterpieces be minutely formed inside your increasingly cramped tummy?

Whether you are a first-time mother or like the woman in the shoe—with so many children she didn't know what to do!—this book is for you. Pregnancy and motherhood are so astounding that your heart simply won't be big enough to hold all the wonder and dreams your new baby will evoke. This guided journal was designed to help you capture them all in a very special collection of love letters and prayers—to be given one day to the precious child who inspired them.

Since this is yours and your baby's journey to record, feel free to adapt any of the prompts to write about what you most want to communicate. Furthermore, since your baby might be a boy or girl (or even twins or triplets!), I will alternate the use of "she" and "he" throughout the devotions.

And now, pick up a pen and write about your love on paper.

May God use your words to write

your love upon your little one's

heart forever.

With love, Vickey







Dear Heavenly Father,

As I begin recording letters and prayers in this book, I pray

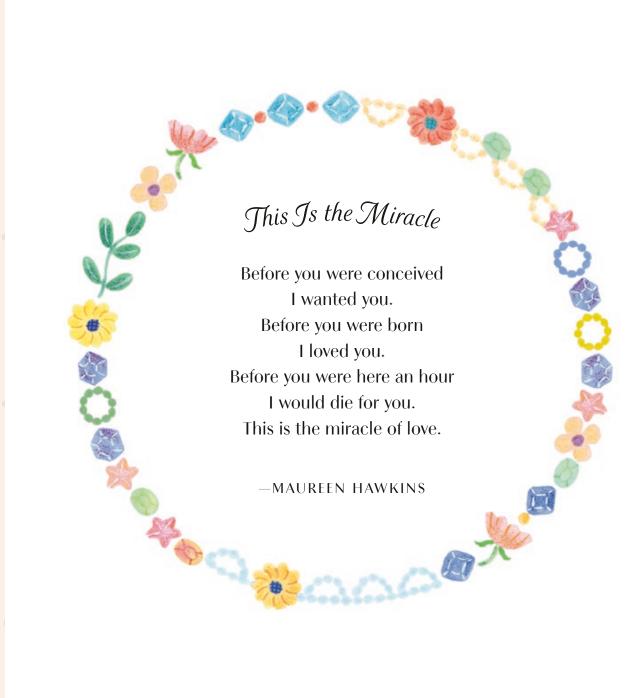
May the favor of the Lord our God rest on us; establish the work of our hands for us yes, establish the work of our hands.

-PSALM 90:17

Announcing!







The Most Wonderful NEWS

You Are Coming!

photo

At that time Mary got ready and hurried to a town in the hill country of Judah, where she entered Zechariah's home and greeted Elizabeth.

-LUKE 1:39-40

The young virgin, Mary, had just been told the most amazing news: She was pregnant! And the bearer of these tidings wasn't her doctor or even an ancient do-it-yourself home pregnancy test. God had sent His trusted confidante, the angel Gabriel, to deliver this sensational secret. Luke tells us that immediately Mary threw together some things and raced to see her cousin Elizabeth. She simply couldn't wait to tell someone her good news!

Your own pregnancy may not have been heralded by an angel, but the discovery that Baby was on the way was a miracle just the same. Who did you run to with your incredible announcement? Did you give them clever clues or just blurt it out with abandon? Take time to tell Baby about the moment you knew he was on the way and how you went about sharing the wonderful surprise with family and friends.





Dear Heavenly Father,

Thank You for the wonderful gift of a new baby! As I reflect on this exciting news, I pray

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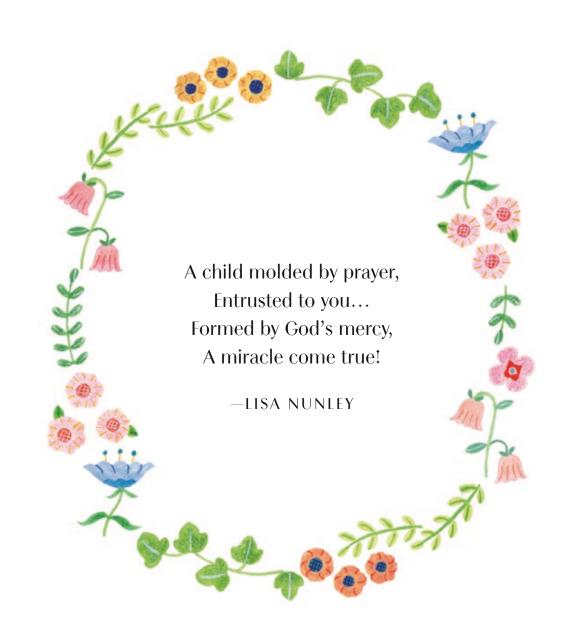
Moments I want to remember from this time:

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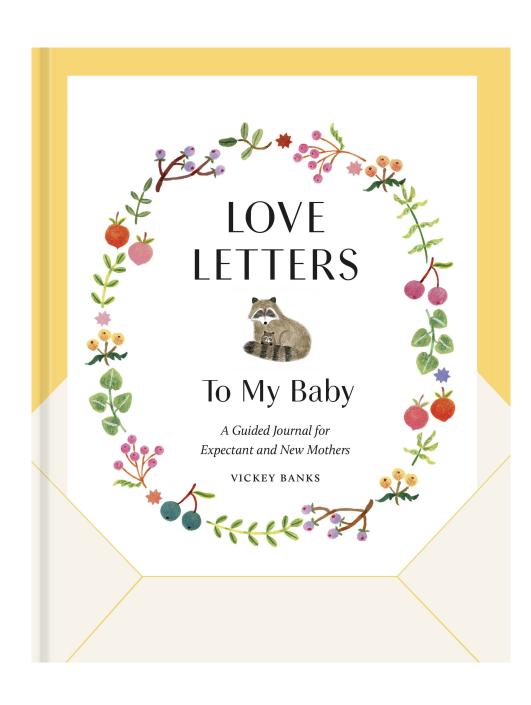
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The whole earth is filled with awe at your wonders; where morning dawns, where evening fades, you call forth songs of joy.

- PSALM 65:8







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