

If I Were a TIGER

INSPIRED BY
THE PICTURE BOOK
written by
Caroline Coleman
illustrated by
Nadya Ponten-Slenders



Activity Kit



Hi! I am so excited you have downloaded this activity kit! Through this resource and my debut picture book, *If I Were a Tiger*, I want to help children explore their creative and imaginative sides, and learn about the big God who helps us face our everyday fears.

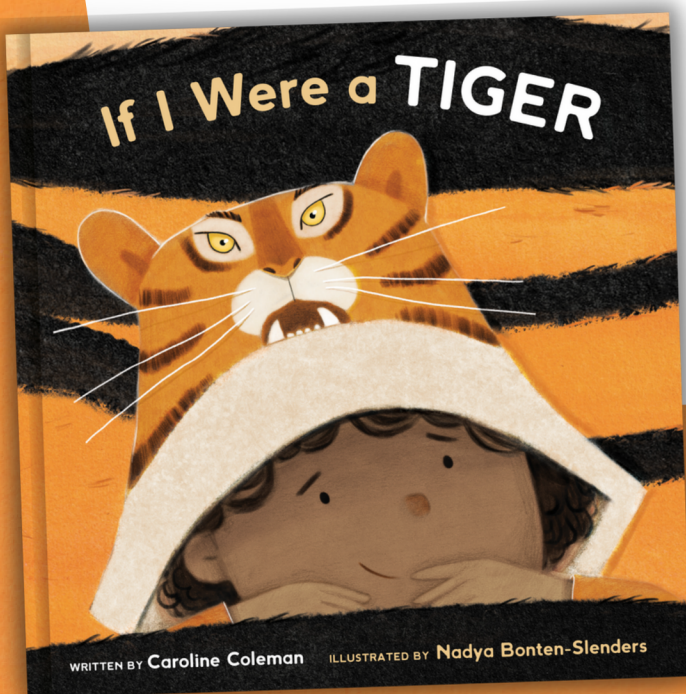
In this kids activity kit, you'll find:

- A "Draw Your Feelings" Activity
- Make Your Own Tiger Hat
- Bible Verse Memory Cards
- "If I Were... I Would..." – A Creative Writing Exercise

Whether you are a parent, teacher, church ministry leader, or therapist, I hope my book and its accompanying resource will invite children everywhere to live in the comforting truth that with God's help, they are loved, supported, and free.

–Caroline Coleman

Author, *If I Were a Tiger*



DRAW YOUR FEELINGS

We have lots of different feelings! Happy, sad, scared, or mad. Drawing pictures is one way you can help yourself feel better and show others what you are feeling. Draw a picture that describes how you are feeling today.

TODAY, I AM FEELING ...



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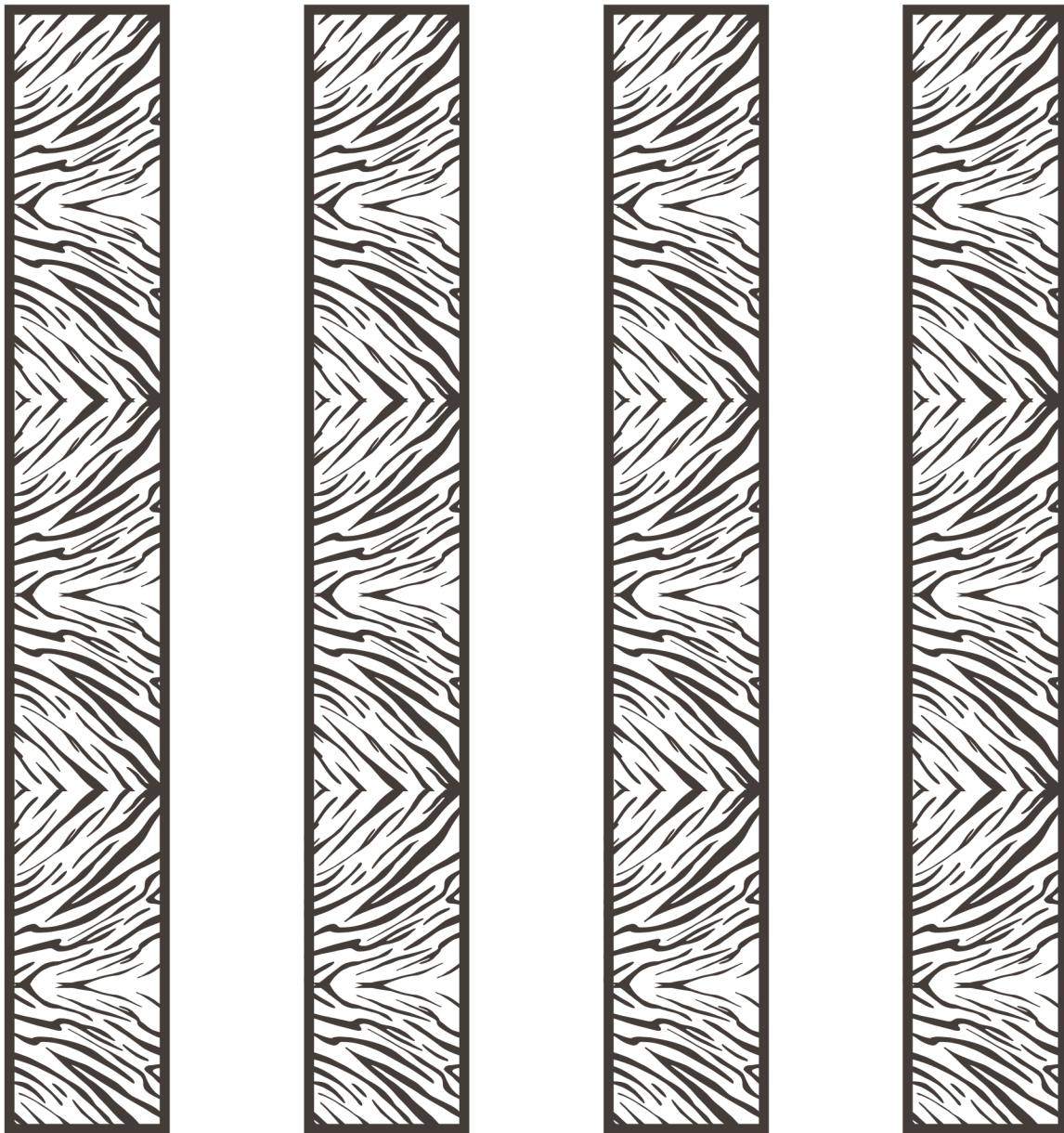
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MAKE YOUR OWN TIGER HAT

1. Print this page and the tiger head on white card stock paper.
2. Cut along the dotted lines of the tiger face.
3. Color the rectangle strips in orange and cut them out.
4. Glue or tape the strips together to make a long band that goes around your head. Adjust and make more bands if needed.
5. Tape the headband to the bottom flip side of the tiger face.
6. Put on your hat and roar like a tiger!



MAKE YOUR OWN TIGER HAT



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MAKE YOUR OWN BIBLE MEMORY VERSE CARDS

Make your own Scripture verse cards to remind yourself of God's love, goodness, and protection whenever you feel sad or scared!

Print out the next page and cut along the dotted lines.
Paste the cards on the wall, use them as bookmarks,
or anywhere you see them all the time
so you can memorize the verses!



When I am afraid, I will trust in You.

—PSALM 56:3, CSB



ILLUSTRATIONS FROM THE PICTURE BOOK
"IF I WERE A TIGER" BY CAROLINE COLEMAN

**God didn't give us a spirit that
makes us weak and fearful.
He gave us a spirit that gives us
power and love. It helps us
control ourselves.**

—2 TIMOTHY 1:7, NIRV



ILLUSTRATIONS FROM THE PICTURE BOOK "IF I WERE A TIGER" BY CAROLINE COLEMAN

**Here is what I am commanding you to do.
Be strong and brave. Do not
be terrified. Do not lose hope.
I am the LORD your God.
I will be with you
everywhere you go.**

—JOSHUA 1:9, NIRV



ILLUSTRATIONS FROM THE PICTURE BOOK
"IF I WERE A TIGER" BY CAROLINE COLEMAN

**Do not be afraid or discouraged,
for the LORD will personally go
ahead of you. He will be with you;
he will neither fail you
nor abandon you.**

—DEUTERONOMY 31:8, NLT



ILLUSTRATIONS FROM THE PICTURE BOOK "IF I WERE A TIGER" BY CAROLINE COLEMAN

**I can do all things through
Christ who strengthens me.**

—PHILIPPIANS 4:13, NKJV



ILLUSTRATIONS FROM THE PICTURE BOOK
"IF I WERE A TIGER" BY CAROLINE COLEMAN

**God is a safe place to hide,
ready to help when we need him.**

—PSALM 46:1, MSG



ILLUSTRATIONS FROM THE PICTURE BOOK
"IF I WERE A TIGER" BY CAROLINE COLEMAN

**Be kind and loving to each other,
and forgive each other just as
God forgave you in Christ.**

—EPHESIANS 4:32, NCV



ILLUSTRATIONS FROM THE PICTURE BOOK
"IF I WERE A TIGER" BY CAROLINE COLEMAN

**Give thanks to the LORD
because he is good.
God's faithful love
lasts forever!**

—PSALM 136:1, CEB



ILLUSTRATIONS FROM THE PICTURE BOOK "IF I WERE A TIGER" BY CAROLINE COLEMAN

IF I WERE . . . I WOULD . . .

Let's get creative! Just like the book, Tim imagined he was a tiger. If Tim were a tiger, he would prowl through the trees and whip his long tail to make a big breeze.

Now, it's your turn!

Think of **ANYTHING** you want to be and what you would do.
Write and illustrate your own story in the next page.



IF I WERE . . . I WOULD . . .



Imagine yourself as someone or something else. What would you do? Draw a picture of it. When finished, complete the sentence to describe your picture.

If I were



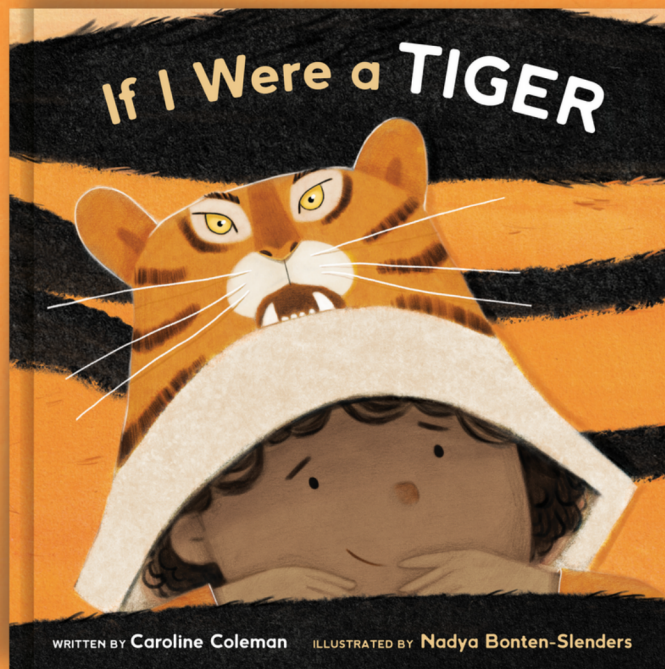
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