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SNEAK PEEK  SAMPLE ONLY

OUR DAILY QUESTION

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Our Daily Question



A Three-Year Journal for Couples



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Welcome to Your Story!



Be completely humble and gentle;
be patient, bearing with one another in love.
Make every effort to keep the unity of the
Spirit through the bond of peace.

Ephesians 4:2–3

LIFE GOES QUICKLY. While we're all rushing furiously to pursue our dreams of a successful career, a happy family, and a healthy body, or to get to that ineffable place of feeling as though *we've made it*, we can often miss the most precious and priceless moments that occur every day.

This journal is designed to help you and your significant other stop and notice those small moments so that you can look back and see your evolution as individuals and as a couple. For the next three years, you'll embark on a daily journey to claim a few quiet moments and reflect on your life together. Some prompts might tease out your quirky side or spark friendly debate about who has better taste in music, while others will prod you to explore how each of you tends to face challenges or how you experience God and spirituality.

By responding to the prompts on these pages, together you'll create a beautiful and wholly unique encapsulation of who you are in that moment and the ways you grew over the course of three years. Simply enter the current year in the space provided and answer one question every day—one of you responds on the gray lines and the other on the gold lines. No matter how you approach this daily practice, we hope that the three-year journey you take prompts new discussions, invites deeper connection, and brings you closer together.

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SAMPLE ONLY



January

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1

January

What is your New Year's resolution?

20 _____

20 _____

20 _____



2

January

What's something you remember about your first year together?

20 _____

20 _____

20 _____

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3 January

If you could accomplish one thing this year as a couple, what would it be?

20 _____

20 _____

20 _____



4 January

What would you consider your verse or quote of the year?

20 _____

20 _____

20 _____



5
January

What was one of your first impressions of your significant other?

20 _____

20 _____

20 _____



6
January

If you could choose anyone, real or fictional, to act as your personal tour guide for a day, who would it be?

20 _____

20 _____

20 _____



7
January

"I keep forgetting _____."

20 _____

20 _____

20 _____



8
January

If you were a couple in one of your favorite movies,
which one would you be?

20 _____

20 _____

20 _____



9
January

How does your significant other support you when you're facing a difficulty or challenge?

20 _____

20 _____

20 _____



10
January

What is one thing you would do to survive the zombie apocalypse?

20 _____

20 _____

20 _____



11
January

What is something that matters to other people but
doesn't matter to you?

20 _____

20 _____

20 _____



12
January

What are your top three goals for this year?

20 _____

20 _____

20 _____



13
January

What emotions do you feel when you look back at old photos of you as a couple?

20 _____

20 _____

20 _____



14
January

If you were to focus on one word for this year, what would it be?

20 _____

20 _____

20 _____



15
January

What is one trick you would like to teach your pet or a friend's pet?

20 _____

20 _____

20 _____



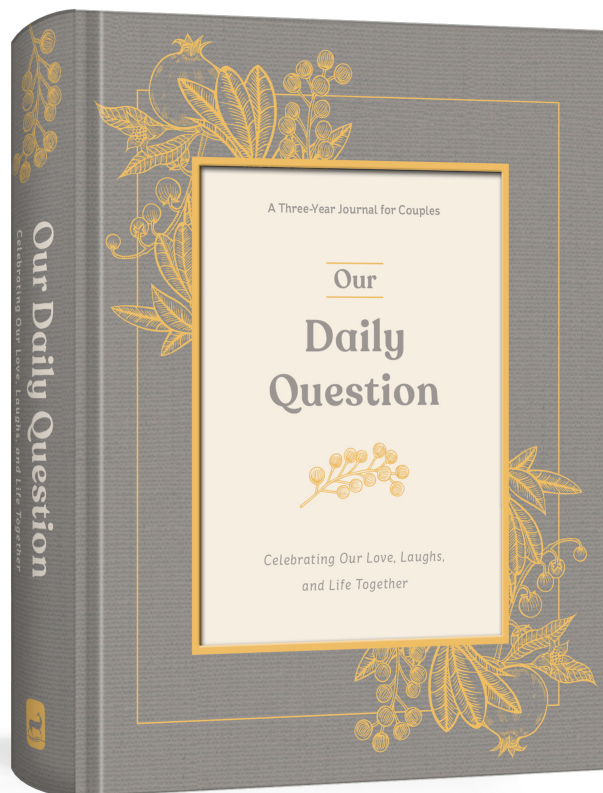
16
January

How many nieces or nephews do you currently have?

20 _____

20 _____

20 _____



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