

★ ★  
★ **Becky Thompson**

Author of *Hope Unfolding*

★ ★  
**Susan K. Pitts**

★ ★  
**MIDNIGHT  
MOM**

★ ★  
*Devotional*

★ ★  
365 Prayers to Put Your  
Momma Heart to Rest

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*Devotional*

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# MIDNIGHT MOM

## *Devotional*

365 Prayers to Put Your  
Momma Heart to Rest



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## MIDNIGHT MOM DEVOTIONAL

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Hardcover ISBN 978-0-525-65429-2

eBook ISBN 978-0-525-65430-8

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Cover design by Mark Ford and Becky Thompson

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Published in the United States by WaterBrook, an imprint of Random House, a division of Penguin Random House LLC.

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Library of Congress Cataloging-in-Publication Data

Names: Thompson, Becky (Rebecca F.), author. | Pitts, Susan, 1956– author.

Title: Midnight mom devotional : 365 prayers to put your momma heart to rest / Becky Thompson, Susan Pitts.

Description: [Colorado Springs] : WaterBrook, 2020.

Identifiers: LCCN 2019030059 | ISBN 9780525654292 (hardcover) | ISBN 9780525654308 (ebook)

Subjects: LCSH: Mothers—Prayers and devotions. | Motherhood—Religious aspects—Christianity.

Classification: LCC BV283.M7 T46 2020 | DDC 242/.6431—dc23

LC record available at <https://lccn.loc.gov/2019030059>

Printed in the United States of America  
2020—First Edition

10 9 8 7 6 5 4 3 2 1

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*From Becky*

*For my mom, Susan Pitts, who carried on the generational legacy of praying women and taught me the power of connecting with the heart of God. Thank you for always being a praying momma and teaching me how to be a praying momma too.*



*From Susan*

*For my husband, Marc, who has been my best friend for forty years. Thank you for your support and belief in this book.*

*For my Irish grandmother, Catherine Powers, who was my first example of daily fervent prayer. For my aunt Mary Benevides, my aunt Rose Ramos, and Mary DeCosta, who taught me about a personal relationship with the Lord that included daily conversations with Him. Thank you all for teaching me so well.*

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I dare you to pray life-changing prayers. Ask for heaven to come interrupt every facet of your life. Ask for encounters that ruin you for the mundane and ordinary. Ask for signs, wonders, and supernatural kisses from God daily that cause you to see through the lens of the realm you have access to. Ask for miracles and potent displays of power that pull you out of settling for cheap talk and inspiration. Ask for rain in the dry places of your heart and life, and watch it come. Ask for fresh rivers to flow out of the inside of you. Ask to dream again, but dreams that challenge you and pull you into your destiny. Ask for the nations because they are already yours! Call down fire upon the altar of your home, and see legacy change. Speak breakthrough over immovable and impossible situations. Prophecy restoration, recompense, and restitution. Command sickness to leave, affliction to cease, and bodies and minds to be whole. Pray when you don't feel like it, when it's a sacrifice, when it's worship in the middle of the storm, and watch as God flips the script on every powerless circumstance you lay your eyes upon.

—NATE JOHNSTON

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# To You, Momma, Before We Begin

Hi Momma,

We are so glad you have found your way to these words. We have been thinking about you and praying for you, and we believe it is no coincidence that you are reading this book at this exact moment. Let us take just a second to introduce ourselves before we say anything else.

We are Becky Thompson and Susan Pitts.

I (Becky) am Susan's daughter. I began an online ministry for moms back in 2013, speaking mostly about the Father's love for a momma's heart and how He meets us right where we are in our mothering, marriages, and everyday lives. I have written five books in five years, and I host a weekly motherhood podcast, *Revived Motherhood*. I have three kids, Kolton, Kadence, and Jaxton, and I've been married to my husband, Jared, for thirteen years. We live in a suburb of Los Angeles, but we are Okies at heart.

And I (Susan) am Becky's momma, and I've been in ministry for over forty years in various capacities, including full time, part time, and as a pastor's wife. I moved from the shores of New England to Oklahoma to attend Oral Roberts University. While in

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Tulsa, I met and married my husband, Marc Pitts, a graduate of the University of Tulsa College of Law. We have two grown daughters, Beth and Becky, and three grandchildren. Marc and I have ministered faithfully in cities and towns across Oklahoma, serving in established churches, planting churches, and helping launch dozens of new ministries. My heart for families and especially for women's ministries has always been to heal the brokenhearted and to restore women's relationships with the Lord.

So, when did Becky and I start ministering to women together? I suppose it began back when Becky was born. The day I went into labor, Marc was out of town at a job interview in Washington, DC. A neighbor drove me to Mercy Hospital in Oklahoma City, and that's where she was born. I remember feeling very alone and scared even though I knew that Jesus was with me. Mercy Hospital sits on a hill and has a large white cross that is lit up at night to remind everyone that the Lord is with all the patients.

When I went home later that week, I remember sitting in the rocking chair in the midnight hours and seeing that white cross from miles away as a light in the darkness. As I held baby Becky, I thought of the mommas who were having babies and who might also be feeling alone and scared, and I prayed for them. That was when the Midnight Mom prayer time started for me.

Thirty years later, I (Becky) was often awake in the middle of the night with my own baby. My youngest, Jaxton, did not sleep well, and I would find myself up at all hours of the night. Like

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many other moms in my generation, I'd pull out my phone and scroll through social media as I rocked my little baby. One night, I decided to post on my Facebook page a simple message: "Mommamas, who is awake tonight and why? Leave your #MidnightMom-Checkin in the comments." Women who followed my online ministry commented and said why they were awake, what time it was where they lived, and what was going on around them.

And the Midnight Mom Check-In was born. Hundreds of moms would comment nightly. We heard from women who were awake with their newborns, up with sick children, in the hospital waiting for test results, sleepless because of worry, enjoying the stillness of their houses while everyone else slept, monitoring fevers, changing wet sheets, waiting to hear from children traveling home, anxious about the next day, and going through so many other common motherhood experiences.

Something beautiful happened as we read one another's stories: we began encouraging one another, praying for one another, and helping other mommas know that they are far less alone than they feel in those nighttime hours. The truth is, every night there are mommas across the world who are awake and doing the very same things, and there is a God who wants to meet us in the quiet.

As the Midnight Mom Check-In grew, we needed a place just for these nightly gatherings. So the Midnight Mom Devotional Facebook page was founded. But I couldn't manage it alone. Knowing I needed help encouraging the hundreds of women who

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would gather each night and share their prayer requests, I invited my mom to pray and post with me. And so what began with a momma and her newborn baby looking out toward a white cross, praying for mommas in the middle of the night, came full circle as nightly this mother-daughter duo began praying for mommas awake around the world.

Many nights, hundreds of prayer requests would pour in for a variety of situations, and we'd pray for all of them. But eventually, we began targeting our nightly momma check-ins toward mommas facing specific situations. And our signature "Tonight we pray for the momma who . . ." prayers began.

Today, just four years after that first group of mommas gathered together online to encourage one another in the midnight hours, we reach over a million mommas nightly.

So, as you pick up this book and read each day, our hope is that you immediately sense the multitude of women all across the world who are praying this prayer on this night with you. Many of these prayers will seem as if they were written just for you and your specific circumstances. They will feel as though God knew exactly what you were experiencing on that particular day and gathered thousands of women to lift you up. On those nights, remember that the Lord knows just what we need to hear and when we need to hear it. You aren't alone, because thousands of other women are praying with you and for you, Momma.

As you go throughout the year, other prayers will seem to fit

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the lives of women you know—perhaps a momma friend who is a teacher or who has a child with complex medical issues. You might come to a prayer that is for the momma who is moving or the momma who has friends moving away. You might read a prayer for the widowed momma or the military momma or the momma who is getting her degree.

At the end of each night's prayer, we have included a line for you to write the name of the momma you're praying for on that particular night. Our hope is that this book becomes a treasured keepsake as you document the women God has placed on your heart to pray for throughout the year.

If you find that a prayer speaks specifically to what someone else is facing, don't hesitate to take a picture of the prayer and text it or message it to the momma who needs it. Just make sure you tell her where the encouragement came from so she can find the rest of the prayers. They might meet her right where she is too.

Finally, if you are facing a specific situation, we have included a topical index in the back. So, whether you're a single momma, a working momma, an anxious momma, a momma of a child with special needs, or a momma in just about any other situation, we believe you will find a prayer that speaks hope into your unique set of circumstances.

Truly, we are so glad you are joining our community of praying mommas. Your prayers are powerful. They are important. And we are honored to walk each day with you, trusting that the Lord

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is the one leading us all. Before you begin and jump to today's date, let's pray together.

*Father, tonight we pray for this momma who is a prayer warrior. She might be saying her first momma prayers tonight, or she might have been praying for years. We ask tonight that she would begin to have deeper conversations with You. We ask that You'd teach her to hear Your voice in response. Bless her as she reads a prayer each night, and help her to expand upon it in her own way. Let these prayers be a starting point for her own conversations with You. We believe You will teach her to pray just as You taught Your disciples in the Bible when they asked. Bless her tonight with rest and peace. We ask in Jesus's name. Amen.*

Friend, we'd love to hear from you. Please send us a message and let us know what this book has meant to you or how it has met you right where you are. And don't forget to join us nightly as we continue to pray for mommas online around the world. You can connect with us and the rest of the midnight mommas in our online community by searching Midnight Mom Devotional, or you can find us on the web at [midnightmomdevotional.com](http://midnightmomdevotional.com).

So much love,  
Becky and Susan

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# January 1

**T**onight we pray for the momma who is ready for a new beginning. She is all set to leave last year behind her and start fresh with new hope, new joy, and new opportunities in this new year. Lord, Your mercies don't need a new year to begin again. Remind her that Your Word says Your mercies are new each morning, each new day. Help her remember this powerful truth each time she takes a breath. Bless this year. Walk with her each step of the way. We ask in Jesus's name. Amen.

Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. (Philippians 3:13–14)

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 2

**T**onight we pray for the momma who is concerned that her appearance has changed since she had little ones. She used to look and feel young and healthy. Now when she thinks about the way she looks, she feels discouraged because her body has changed. Lord, we know that You created us and that we are wonderfully made. Tonight we ask that You would bless this momma so she will see herself through Your eyes. You see a woman who has carried children—maybe in her body but absolutely in her arms and heart. She is strong and worthy of respect. Remind her that she is a daughter of the Most High God and that she should speak kindly of herself. Bless her tonight, and fill her with fresh confidence. We ask in Jesus's name. Amen.

The LORD does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart.

(1 Samuel 16:7, NKJV)

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 3

**T**onight we pray for the momma who needs a miracle. Lord, she needs Your peace to overcome the chaos in her life and to bring her life and circumstances into order. She needs You to show Yourself strong in her behalf. Lord, she is trying to believe You will intervene, but there are moments when she feels uncertain. Help this momma call out to You like the parent in Mark 9:24 who cried out to Jesus, "Help me overcome my unbelief!" Tonight, Lord, she asks for a miracle of both belief and healing. She reaches out to You with her prayers. We ask for rest tonight as she leaves it all in Your hands. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 4

**T**onight we pray for the momma whose child has special needs. She didn't plan on this when she dreamed of motherhood, but she loves her child with all her heart. Oftentimes, people act as if she is a saint or someone special because of how she cares for the one she's been given to love. But the truth is, she is simply a momma loving her baby just like any other momma does. Lord, grant her grace as she walks out this journey on this path. Remind her that You walk with her every step of the way. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

# January 5

**T**onight we pray for the momma who has a newborn baby. Lord, this is such a precious time, but it is also an exhausting time. She gets just a few quick hours of rest while the baby is sleeping. She feels as though she is in a fog. She may even have older children to care for while she is still so sleep deprived. Lord, this momma is truly the Midnight Mom who is up while the world sleeps. Please bless her tonight and multiply her rest. Let her feel Your presence as she rocks her baby tonight. We bless her in this holy work of motherhood. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 6

**T**onight we pray for the anxious momma who just wants to be whole. Lord, she wants the space in her heart that is currently filled with anxiety to be filled with peace and joy and Your goodness. She is trying to find the switch that turns off all this worry and fear. She knows You are able to do abundantly more than all she asks or thinks. Tonight we ask You to show this momma how to be free from fear and worry. Give her friends, family, and professional help who will walk out this journey of wholeness with her. Help her to rest well tonight. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*



# January 7

Tonight we pray for the momma who doesn't stop. She just keeps putting one foot in front of the other and going forward for her family. The road may be difficult, but she is brave, even though she doesn't always feel that way. Lord, when she wakes up in the morning, her first thought is, *What can I do today to make my family's life better?* She is strong and determined, and she has her heart set on You. Bless her tonight, Lord, and give her a good night's rest. May she wake up tomorrow refreshed and ready to keep going. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 8

Tonight we pray for the momma who wants to know her destiny, her purpose, her reason for being born. Lord, she senses that life has a greater meaning. We thank You that this momma is searching at the start of the new year. She is searching for Your plan for her life. Now, Lord, we ask that You would lead her to the greatest meaning of all: Your free gift of salvation. As Your Word says in Romans 10:9, "If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved." Lord, bless this momma as she finds hope in Your plan for her. Give her the friends she needs to help her live out this life of faith. We ask in Jesus's name. Amen.

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. (Romans 10:9)

*Tonight I'm praying this for \_\_\_\_\_.*



# January 9

**T**onight we pray for the momma whose spouse is in law enforcement. There are many types of law enforcement officers, including the police, sheriff's department, correctional officers, and more. These spouses put themselves in harm's way to protect the community and to provide for the families they love. Lord, first we ask that You would protect them. Let Your angels encamp around them and help them on their shifts. We pray also for peace for this momma's heart as her spouse continues to work in his chosen profession. Bless them both tonight. We ask in Jesus's name. Amen.

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# January 10

**T**onight we pray for the momma who is trying to live a healthier life at the start of the year. This is harder than some might think. She may be having cravings. She may be struggling to keep going to the gym. She may want to just give up. But she is doing this so she will be healthier for her children and for herself. She is trying to lead by example in her nutrition and exercise. Bless this momma tonight, and help her be strong in her battle. She can do this because You are giving her the strength to carry on each day. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*



# January 11

**T**onight we pray for the momma who needs someone to hold her up. She feels like a weeping willow that is bent over by the weight of its branches. Lord, she needs someone to come alongside her and help her stand tall and not be burdened by the cares of the day. She needs an encouraging friend who will speak truth to her and remind her that it will not always be this way or this hard. Lord, help this momma tonight who feels as if she is collapsing under the weight of it all. Help her rest and awaken tomorrow refreshed with a new strength. We ask in Jesus's name. Amen.

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# January 12

**T**onight we pray for the momma who is homeschooling her children. Lord, this is a calling that is all encompassing. Her children have a variety of educational needs, and she is working hard to fill them. There are many curriculum choices and endless opportunities for outside activities to help strengthen her children's learning experience, and it's up to this momma to make the best decisions. Be with this homeschooling momma as she follows Your lead and teaches her children with You as her guide. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

# January 13

**T**onight we pray for the momma who is caring for a sick child. She may have an infant who is miserable with his first cold. Or she may have a toddler with an ear infection. She may have a little one who normally loves to go to school and play games and is always full of life, but tonight, Lord, this little one is running a fever and just feels so sick. Her momma heart is worried. She doesn't like it when her children are not well. Tonight as she sits up in the night hours watching over her child, remind her that they are both covered by the blanket of Your love and healing. Remind her that she is not alone. We ask for healing and rest tonight. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 14

**T**onight we pray for the momma who feels as if she is climbing uphill. She feels as though this mountain has no top and she will never reach the summit. Motherhood is so much harder than she imagined. She loves her children, but the constant daily struggle to do everything is wearing on her heart and mind today. Lord, we pray for this momma. We ask that You would remind her that she is never alone. Let her know that we, a community of praying women all over the world, are praying for her tonight in her climb. Please remind her that You are with her every single step of this journey. Give her sweet sleep tonight as she rests and prepares for another day. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

January 15

**T**onight we pray for the momma who has adopted her child. She loves this child with a fierce momma heart. This love grew with every step she took through the legal system to make this child her own. While waiting for the adoption papers to go through, at times she could hardly breathe because she was so anxious, wondering if it would all work out. But, Lord, You were right there with her every step of the process. You knew all the obstacles she would encounter as she prepared to make this child her own. You saw her through every valley and mountaintop. Bless her tonight with sweet rest. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 16

**T**onight we pray for the momma who feels as if she is at the bottom of her barrel and has nothing left to give. Lord, she feels as if she has run out of joy, out of peace, out of patience, and even out of time to find a way to refill this emptiness deep within her heart. Lord, You give us an abundance of peace, and You teach us patience. You can take just a moment to fully fill this momma's heart again. Lord, we thank You because You give all these things freely to us when we simply ask. Please help this momma ask You for exactly what she needs tonight. Multiply whatever sleep she is able to get so that it is sufficient for tomorrow. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

# January 17

**T**onight we pray for the momma who is carrying her fear with her like a heavy backpack full of worry and stress. She knows she needs to put it down. She knows she needs to lay it at the feet of Jesus. She remembers that Jesus said His yoke is easy and His burden light. But she trudged through the day, carrying this heavy load, unable to pause or put it down. Tonight, Lord, we ask You to help her. You are more than able to take care of all the things she worries about daily. We ask that You would help her find rest and peace tonight in the knowledge that tomorrow is a new day. We ask in Jesus's name. Amen.

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. (Matthew 11:28–30)

*Tonight I'm praying this for \_\_\_\_\_.*

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# January 18

**T**onight we pray for the momma who is sick. Lord, she has a cold or allergies or maybe even the flu. She might have a fever, and her whole body may be hurting. Lord, mommas don't have sick days off. They have to just keep going, no matter how they feel. Tonight we pray that You would heal her from the top of her head to the tips of her toes. Grant her sweet, restorative sleep. Help her feel much better tomorrow morning when she wakes up. Return health to her home. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

# January 19

**T**onight we pray for the momma of teenagers. Lord, this momma is going through a season that is like no other. She is dealing with all the stresses of her children's growing independence, including dating, driving, and education and career goals, as well as all the other complicated situations that arise in a teen's life. Lord, tonight we ask that You would remind her that You are always with her children. You never leave them or forsake them. Even when she is not there or close at hand, You are right next to them. Lord, tonight we ask for peace so she can rest and hope for tomorrow. We ask in Jesus's name. Amen.

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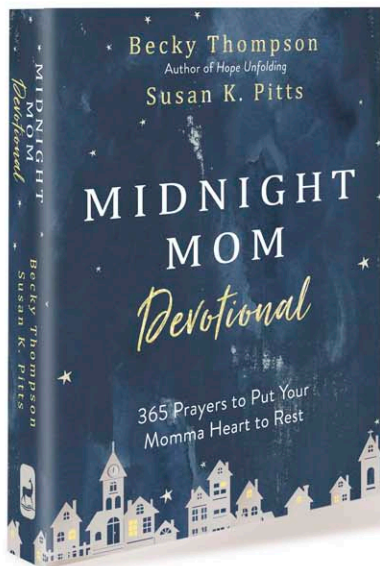
# January 20

**T**onight we pray for the momma whose family makes it more difficult. Sometimes they can be so supportive, but other times her heart is hurt by the things they say and do. Lord, tonight please heal every wounded place and restore every relationship. Please release her heart from the trauma caused by unsupportive loved ones. Bring her peace in her decisions, knowing that she is a good momma as she seeks Your face and Your wisdom for herself and her children. We ask in Jesus's name. Amen.

*Tonight I'm praying this for \_\_\_\_\_.*

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