

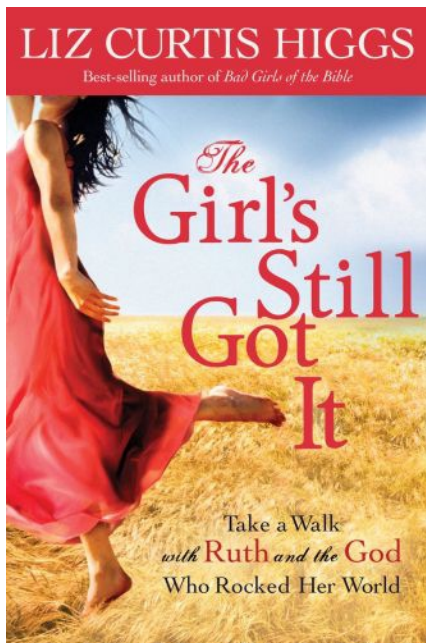
## How to Use *The Girl's Still Got It* Book + DVD for Your Bible Study

### *A Leader's Guide from Liz Curtis Higgs*

Helping women of all ages get excited about studying God's Word is my single greatest passion! That's why I designed *The Girl's Still Got It* with my teaching sisters in mind. Walking through the book of Ruth verse by verse will make it easy for the women in your Bible study to keep in step, as well as jump back in whenever they miss a week.

While you can certainly do the study with only the book in hand, the modestly priced 2-hour DVD, divided into 10-minute chapter segments, is a great way to begin each week's study. The video will also help those who've fallen behind in their reading (it happens!) to quickly get up to speed on Ruth's story.

### What you'll find in the book, *The Girl's Still Got It*



The book is divided into 12 chapters plus an introduction and brief conclusion. The first week you may want to combine the introduction and chapter 1. Each chapter is 10-16 pages long, with the verses from Ruth set apart in the text, keeping our focus on God's Word.

#### **Introduction: Before We Dive In**

**One:** Off to a Rocky Start (Ruth 1:1–5)

**Two:** Coming or Going? (Ruth 1:6–14)

**Three:** A Wow of a Vow (Ruth 1:14–18)

**Four:** Throw Out the Welcome Mat (Ruth 1:19–22)

**Five:** Out Standing in Her Field (Ruth 2:1–7)

**Six:** A Different Kind of Dinner Date (Ruth 2:8–17)

**Seven:** Well, Bless His Strong and Wealthy Self (Ruth 2:18–23)

**Eight:** Your Mission, Should You Choose to Accept It (Ruth 3:1–6)

**Nine:** Good Night, Sweetheart (Ruth 3:7–11)

**Ten:** Sitting Tight for Mr. Right (Ruth 3:12–18)

**Eleven:** Our Hero Makes His Move (Ruth 4:1–12)

**Twelve:** Talk About Happily Ever After! (Ruth 4:13–22)

**Conclusion: Before You Go**

### **Rather than requiring a separate workbook, *The Girl's Still Got It* has everything you need between the covers of the book itself!**

The **Discussion Questions** are meant for book clubs where participants plan to read the book on their own, then gather just once to chat about it. Any references to Scripture include the full verse right in the question. Don't have time to discuss all 12 questions? Pick your favorites.

The **Study Guide** is designed for Bible studies of any size that meet regularly. Whatever the structure or time frame of your group, this versatile study is a perfect fit. You'll find 3 in-depth, multi-part questions included for each of the 12 chapters and the introduction, giving you the flexibility to read 1 chapter a week and discuss 3 questions, read 2 chapters a week and discuss 6 questions, read 3 chapters a week and discuss 9 questions...you get the idea! I recommend

participants read the chapter(s) at home and answer the questions in a notebook, so they come ready to share their discoveries.

**Great Reads re: Ruth** offers a list of my Top 10 resources for anyone who likes to dig deeper or who wants to explore a particular aspect of the book of Ruth more thoroughly.

The **Notes** show the source of every quote, fact, and Scripture used in the book, so you aren't left wondering, "Where did she get that?"

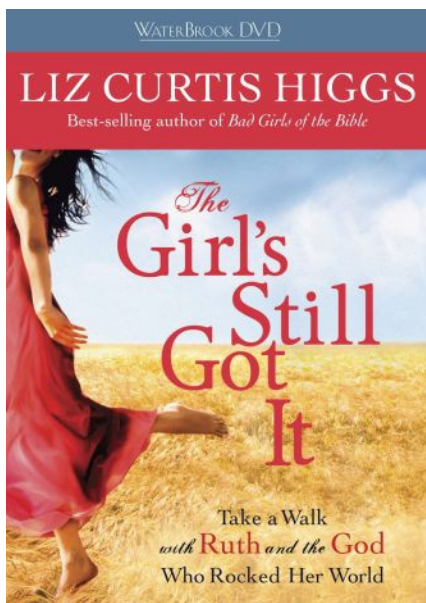
The lyrics to my "**Righteous Ruth Rap**" end the book with a smile. You can watch my crazy rap, which covers the whole book of Ruth in 4 minutes, on YouTube!

### **This page on my website describes the book in detail:**

<http://www.lizcurtishiggs.com/the-girls-still-got-it-book/>

#### **On that page you'll also find 3 helpful video links:**

1. Our Take-a-Walk-with-Ruth **book trailer** to share on Facebook or in emails promoting your study.
2. A personal **invitation** from Lizzie to show at your church when you're ready to invite women to join you for *The Girl's Still Got It* Bible Study
3. My "**Righteous Ruth Rap**" on YouTube, which might be fun to show at one of your meetings.



#### **What's on the DVD, *The Girl's Still Got It***

This high-spirited walk through the biblical book of Ruth was recorded live with 24 women in a cozy coffeehouse setting. Each segment is approximately 10 minutes long and covers the highlights from each chapter, adding some fresh insights and a dash of humor.

On the opening menu of the DVD you can choose where to start the video. When you reach the end of the segment(s) you want to watch, just hit stop.

You can also show this 2-hour video at a retreat, watch it in your living room for personal enjoyment, or use it for a Sunday school class. Truly, anywhere women love to gather and grow, *The Girl's Still Got It* DVD is ready to show!

### **A Thematic Approach**

If you plan to share a devotional to open each week's study, or want to select worship music or menu items that build on a particular theme for each session, here's a list of chapter topics one Bible study leader in Kentucky came up with. Bless you for sharing these, Nancy!



Chapter 1 – Loss  
Chapter 2 – Surrender  
Chapter 3 – Loyalty  
Chapter 4 – Despair  
Chapter 5 – Provision  
Chapter 6 – Protection  
Chapter 7 – Redemption  
Chapter 8 – Mentors  
Chapter 9 – Trust  
Chapter 10 – Waiting  
Chapter 11 – Wisdom  
Chapter 12 – Gratitude

By all means, create your own list of themes. This is simply to get you started.

## **Now, *this* is a novel approach to Bible study!**

One study in Chicagoland had two class members who were also reading *Here Burns My Candle* and *Mine Is the Night*, my historical novels set in eighteenth-century Scotland and based on the book of Ruth. Each week these two women shared with their class the journey of Marjory and Elisabeth Kerr (our Scottish Naomi and Ruth), just to offer a different perspective on the biblical account and to demonstrate the timelessness of Ruth's story. Thanks for telling me about this clever idea, Angela and Verlon!

## **Format Suggestions for Your Bible Study**

Here are various schedules you might want to consider. You will know what best fits your group! Don't have anyone willing to share a devotional thought at the start? No worries. Just dive into the video, then spend more time in small-group discussion or in prayer at the end.

The Bible study leaders I've chatted with are convinced 2-3 chapters a week is the very most that can be covered without hurrying over the material, and that 1 chapter a week is ideal. Please let me know if you've managed to cover 4 chapters or more per week with your group...and how you did it!

### **For a 60-minute Bible Study, covering 1 chapter a week:**

|            |  |
|------------|--|
| 10 minutes | Gathering Time   |
| 10 minutes | Devotional or opening thoughts based on week's reading |
| 10 minutes | Video teaching from Liz                                |
| 25 minutes | 3 Study Guide questions discussed in small groups      |
| 5 minutes  | Closing thoughts and prayer                            |

### **For a 90-minute Bible Study, covering 2 chapters a week:**

|            |  |
|------------|--|
| 5 minutes  | Gathering Time   |
| 5 minutes  | Devotional or opening thoughts based on week's reading |
| 10 minutes | Video teaching from Liz - 1 chapter                    |
| 20 minutes | 3 Study Guide questions discussed in small groups      |
| 10 minutes | Break  |
| 5 minutes  | Devotional or opening thoughts based on week's reading |
| 10 minutes | Video teaching from Liz - 1 chapter                    |
| 20 minutes | 3 Study Guide questions discussed in small groups      |
| 5 minutes  | Closing thoughts and prayer                            |

**For a 90-minute Bible Study, covering 3 chapters a week:**

|            |  |
|------------|--|
| 5 minutes  | Gathering Time   |
| 5 minutes  | Devotional or opening thoughts based on week's reading |
| 30 minutes | Video teaching from Liz - 3 chapters                   |
| 45 minutes | 9 Study Guide questions discussed in small groups      |
| 5 minutes  | Closing thoughts and prayer                            |

**For a 2-hour Bible Study, covering 2 chapters a week:**

|            |  |
|------------|--|
| 10 minutes | Gathering Time   |
| 10 minutes | Devotional or opening thoughts based on week's reading 1 |
| 10 minutes | Video teaching from Liz - 1 chapter                      |
| 25 minutes | 3 Study Guide questions discussed in small groups        |
| 10 minutes | Break  |
| 10 minutes | Devotional or opening thoughts based on week's reading 2 |
| 10 minutes | Video teaching from Liz - 1 chapter                      |
| 25 minutes | 3 Study Guide questions discussed in small groups        |
| 10 minutes | Closing thoughts and prayer                              |

**For a 2-hour Bible Study, covering 3 chapters a week, Plan A:**

|            |  |
|------------|--|
| 5 minutes  | Gathering Time   |
| 5 minutes  | Devotional or opening thoughts based on week's reading 1 |
| 10 minutes | Video teaching from Liz - 1 chapter                      |
| 17 minutes | 3 Study Guide questions discussed in small groups        |
| 10 minutes | Break  |
| 5 minutes  | Devotional or opening thoughts based on week's reading 2 |
| 10 minutes | Video teaching from Liz - 1 chapter                      |
| 17 minutes | 3 Study Guide questions discussed in small groups        |
| 5 minutes  | Closing thoughts and prayer                              |
| 5 minutes  | Devotional or opening thoughts based on week's reading 3 |
| 10 minutes | Video teaching from Liz - 1 chapter                      |
| 17 minutes | 3 Study Guide questions discussed in small groups        |
| 4 minutes  | Closing thoughts and prayer                              |

**For a 2-hour Bible Study, covering 3 chapters a week, Plan B:**

|            |  |
|------------|--|
| 10 minutes | Gathering Time   |
| 10 minutes | Devotional or opening thoughts based on week's reading   |
| 30 minutes | Video teaching from Liz - 3 chapters                     |
| 10 minutes | Break  |
| 8 minutes  | Devotional or opening thoughts based on week's questions |
| 45 minutes | 9 Study Guide questions discussed in small groups        |
| 7 minutes  | Closing thoughts and prayer                              |

Once you've completed your study, kindly take a moment to share what you learned and the format you followed: [Liz@LizCurtisHiggs.com](mailto:Liz@LizCurtisHiggs.com). Then I can adjust this document to better serve our sisters who are considering taking a walk with Ruth. And if you're willing to include any creative touches your group added to the study, I'd love to hear about them!

I appreciate you so much. May God bless your efforts to share the good news about our Kinsman-Redeemer!

Your sister,

