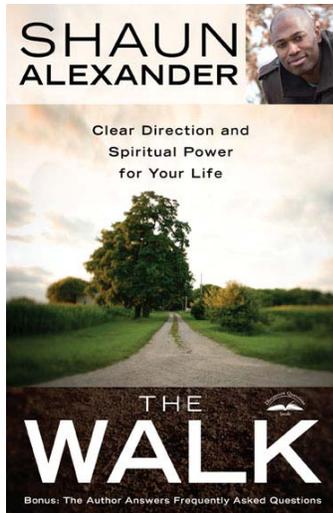


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From Running the Football to Walking with God

Former NFL running back helps readers keep in step with God



Colorado Springs, Colo. – Former NFL running back **Shaun Alexander** explains in the *The Walk* (WaterBrook Press, Oct. 4, 2011) that walking with God is not a contest or a competition, and it has nothing to do with how you look in front of others.

Now in trade paper, Alexander has included a section about frequently asked questions about his faith and life after football.

Alexander writes that God leads his followers through five stages of spiritual maturity: Unbelievers, Believers, Examples of Christ, Teachers and Imparters. “Skip a stage in the maturity process, and error will creep in. Get ahead of God, and things will start to go wrong. But follow His order in your life, and you will see amazing things happen.”

Just walking with God through the stages of spiritual maturity will transform lives with biblical wisdom, God’s direction, and the power of the Holy Spirit, he writes. “There is no limit what God can do in your life, but you have to accept His direction and His timing. Regardless of the pace, everyone who ministers from the fullness of the Holy Spirit works through each level of maturity in the same sequence. That is God’s order for your maturity in Christ.”

This trade paperback edition now includes a bonus Q&A with the author.

ABOUT THE AUTHOR

Shaun Alexander was drafted by the Seattle Seahawks after a standout football career at the University of Alabama. A three-time Pro Bowl selection, in 2005 he set an NFL record by scoring 28 touchdowns. In the same season, he set a team record by gaining 1,880 rushing yards and leading his team to the Super Bowl. Today, Alexander travels the country appearing in front of thousands of people and speaking to business and military audiences, at sports camps, and at churches and Christian conferences. He is a gifted communicator and Bible teacher who points listeners toward exceptional achievement by aligning their lives with God’s perfect will.

Christian Living

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