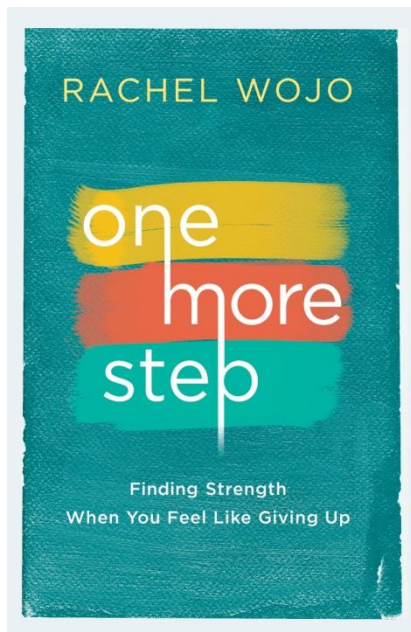


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The Ultimate Roadmap for Life's Hardest Journeys



The road of life is often marked by unexpected detours and difficulties and at times, it may feel impossible to continue. In [One More Step: Finding Strength When You Feel Like Giving Up](#) (WaterBrook Press, October 20, 2015), popular blogger and speaker Rachel “Wojo” Wojnarowski invites women to embark on a journey of renewed strength and hope. With stunning authenticity, Wojo reveals the lessons she’s learned along her personal path and shares how women can overcome life’s challenges by drawing strength, joy and peace from the Word of God.

“Finding strength begins with honesty with God,” Wojo explains. “I’ve been through divorce. I’ve faced the death of my mama. I’m holding the hand of a special-needs child who suffers daily. I know what it’s like to stare at disaster and feel desperation. There are no shortcuts. I found that I can best walk the path of life when I do it one step at a time. And that’s what we’re going to do together.”

Written from the authority of Wojo’s experiences and a deep desire to share God’s love with others, *One More Step* gives women permission to be honest about their pain, while inspiring them to keep moving forward, regardless of the obstacles they face. Wojo illuminates key figures and passages from Scripture to impart wisdom on how to:

- Conquer negative thoughts and overcome debilitating self-talk.
- Fight physical, mental, emotional and spiritual fatigue.
- Defeat loneliness and reach out to the world with an open heart.

One More Step is also an excellent resource for study groups and includes actionable steps at the end of each chapter and a four-week discussion guide. Wojo’s message of hope will help readers strengthen their relationship with God and motivate them to use the tools of prayer, praise, and community to persevere through any circumstance.

As the essential roadmap for all women desperately seeking to renew their energy, *One More Step* also reminds women that they need not walk alone. Wojo serves as a guide, walking alongside women who are struggling to continue the journey, but ultimately she points them to the author and finisher of their faith and reminds readers “whatever your next step is, God will give you the strength for it.”

Praise for *One More Step*

- “We’ve all had situations in our lives where we just couldn’t see how we’d make it through another day. With this book, you’ll be encouraged and lifted up by Rachel, a friend who understands how to seek God’s strength and healing in the midst of the pain!” —**Lysa Terkeurst**, *New York Times* best-selling author and president of Proverbs 31 Ministries
- “In *One More Step*, Rachel Wojo gives permission to women all over the world to grieve, ache, and experience sadness while holding tight to their faith. It’s refreshing to find a sister of the soul who doesn’t offer platitudes but instead offers real life experience tangled in hope.” —**Suzanne Eller**, international speaker, blogger, and author of numerous books including *The Mended Heart*
- “If your life circumstances have ever left you full of fear, dread, or worry, then this book is for you. Rachel is the friend who has been through life’s cruel wringer and knows exactly how you feel. She gently shows you how to let God pull you out of the muck of life and point you back in the right—and righteous—direction. Encouraging and practical. This will be my new go-to book for hurting friends.” —**Karen Ehman**, *New York Times* best-selling author and Proverbs 31 Ministries speaker



ABOUT THE AUTHOR

[Rachel “Wojo” Wojnarowski](#) is a dynamic author, speaker and Bible study teacher. The author of two previous ebooks, she is also the project creator of many popular Bible study and prayer tools, including a six-week Bible Reading Schedule for children that was so well received that the Olive Tree Bible App added this schedule within their Bible study app. In summer 2014, the Wojnarowski family competed on GSN’s television show *American Bible Challenge*. Wojo’s family is comprised of seven children, whose ages span four to 24 years and includes a special needs daughter. She, her husband Matt and their family reside in Ohio.

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