

PRESS RELEASE

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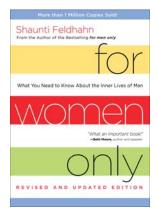
from Multnomah Books

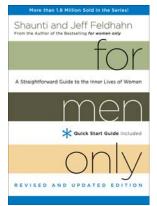
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For Immediate Release from Multnomah Books a division of Random House, Inc.

Love & Understand Your Spouse...Even Better! Revised Editions Examine New Scientific Evidence of Neurological Differences Between the Sexes

Colorado Springs, Colo. — Do you ever puzzle to understand what the other sex is thinking? Do you try to meet the needs of your spouse, but can't figure out what they want? Based on scientific national surveys and thousands of interviews, author **Shaunti Feldhaun** shares the distinct, God-designed characteristics and motivations of men and women in the newly revised and updated editions of her bestselling books *For Women Only* and *For Men* (Multnomah Books, March 19, 2013).





For Women Only: What You Need to Know about the Inner Lives of Men What's going on in a man's mind? From their early days, every woman has struggled to understand why males behave the way they do. Even long-married women who think they understand men have only scratched the surface. With findings from a groundbreaking national survey and personal interviews of over one thousand men, *For Women Only is* full of eye-opening revelations you need to not only understand the man in your life—a boyfriend, brother, husband, or son—but to support and love him in the way he needs to be loved. Revised edition examines new evidence on neurological differences between the sexes, plus a new chapter on understanding a man's emotions.

For Men Only: A Straightforward Guide to the Inner Lives of Women Women: Complicated and impossible to understand? Do you love and want to please the woman in your life, but just can't seem to figure her out? That was before For Men Only. Finally—you can understand her! Through hundreds of interviews and the results of a scientific national survey of women, this book demonstrates that women are not random and really can be "mapped." This book shows that women are actually quite easy to understand and please—as long as you know what it is they need. This simple book will guide you to loving your wife or girlfriend in the way she needs to be loved. And for every guy who rarely reads a manual: Quick-Start Guide Included! **Revised edition examines new**

evidence on neurological differences between the sexes, plus a new chapter that helps a man understand her real message behind what look to him like 'tests' or 'playing games.'

Also new in 2013: a new For Women Only/For Men Only DVD and DVD participant's guide.



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More in the Series:

- For Parents Only
- For Young Men Only
- For Young Women Only
- the For Young Women Only Discussion Journal
- companion discussion guides are available for most titles
- *For Women Only in the Workplace*, a guide to unwritten gender dynamics in the workplace.

ABOUT THE AUTHOR

Shaunti Feldhahn started out as an analyst on Wall Street and ended up a surprise bestselling author, encouraging the Christian community toward service and outreach with the #1 bestseller *Y2K: The Millennium Bug—A Balanced Christian Response.* Also an author of message fiction, Shaunti is a newspaper columnist on women's issues, contributing the conservative opinion for the *Atlanta Journal- Constitution's* popular online "Woman to Woman" column.

Shaunti and her husband, **Jeff Feldhahn**, are active leaders in their church, leading a home group that encourages married couples toward greater intimacy with God and each other.

Christian Living / Gender / Relationships

For Women Only: Revised and Updated Edition: ISBN 978-1-60142-444-0

 Hardcover ● 224 Pages ● \$15.99
 eBook: ISBN 978-1-60142-210-1, Discussion Guide: 978-1-59052-768-9, \$6.99

 For Men Only: Revised and Updated Edition: ISBN 978-1-60142-445-7

 Hardcover ● 208 Pages ● \$15.99
 eBook: ISBN 978-1-60142-209-5, Discussion Guide: 978-1-59052-989-8, \$7.99

DVD Curriculum

DVD and Participant's Guide: ISBN 978-1-60142-473-0 ● DVD and Tradepaper ● \$31.99 **Participant's Guide only:** ISBN 978-1-60142-474-7 ● Tradepaper ● \$9.99 **Participant's Guide eBook:** ISBN 978-1-60142-480-8 ● \$9.99

