

## Author Biography for Fred Stoeker



Facing a moment of truth regarding his sexual purity a couple years after his wedding in 1981, Fred Stoeker is well aware of the battle men face with sexual sin. After stumbling upon his father's Playboy magazine under his Dad's bed in first grade, Fred struggled with pornographic materials for the next twenty years. Despite entering a committed relationship with Jesus Christ at age 23, Fred continued to struggle with pornography until his wedding the following year. He quickly found that marriage did not eliminate the problem and the negative effects of his sexual sin upon his intimacy with God and with his wife Brenda grew more each year.

While Fred had graduated from Stanford University with a BA with Honors and had begun a successful sales and consulting business in Des Moines, IA, his marriage was struggling, as well as his feelings of personal integrity. Embarking on a study of Christian literature on marriage as well as reviewing his studies on Human Sexuality at Stanford, Fred began to search for answers to his problems. Daily Bible study allowed the word of God to wash him clean and to begin to transform his mind, and God began to break the stranglehold that sexual sin had over his life.

Through the years, Fred watched for a Christian book to be written that would convey the practical knowledge that the Holy Spirit had taught him during his battle for sexual purity. He then wrote about the practical message God had taught him through the books *Every Man's Battle* and *Every Young Man's Battle*. *Every Man's Battle* is currently translated into Spanish, Portuguese, Korean, Indonesian, Chinese and Russian, and has sold nearly 900,000 copies world-wide.

*Every Man's Marriage* was written as a partner book for *Every Man's Battle* and was awarded the Silver Medallion Book of the Year by the ECPA in the Marriage category in 2002. *Every Young Man's Battle* won Gold Medallion honors in the Teen Category in 2003.

*Preparing Your Son for Every Man's Battle* (October, 2003) and *Every Man's Challenge* (March 2004) mark the fourth and fifth books authored by Fred in the Every Man's Series with his co-author, Stephen Arterburn and his editor, Mike Yorkey. *Preparing Your Son for Every Man's Battle* won Gold Medallion honors in the Parenting Category in 2004.

Fred's marriage to Brenda now spans thirty happy years in the Des Moines area and has been blessed by the birth of two sons and two daughters, one now married, one in graduate school and two in college, all serving God faithfully and purely. On top of that, Brenda co-authored the book *Every Heart Restored*, a book designed to help wives restore their hearts for their husbands in the wake of sexual sin. *Every Heart Restored* was awarded the Silver Medallion Book of the Year by the ECPA in the Marriage category in 2005. Brenda also co-wrote *The Healing Choice* with Susan Allen in 2008 to help women heal, in the wake of their husbands' sexual sin.